

DESTINATION MOVEMENT

Elementary School Rubric for Assessing the Progress of Social Skills and Values Through Physical Education and School Sports

The objective of this criterion in elementary school is to **foster the development of advanced social skills** (communication, cooperation, leadership, conflict resolution) and the **internalization of values** (respect, empathy, honesty, perseverance, sportsmanship) through participation in organized games and pre-sport activities (Shields & Bredemeier, 2009).



Social Skills and Values to Reinforce at this Stage:

- ☐ **Teamwork:** Actively collaborate to achieve a common goal.
- ☐ **Communication:** Express ideas, listen to peers, and give clear instructions.
- ☐ **Respect:** For teammates, opponents, rules, and referee/teacher decisions.
- ☐ **Empathy:** Understand and share the feelings of others.
- ☐ **Honesty/Fair Play:** Play fairly, admit mistakes, and respect results.
- ☐ **Perseverance:** Maintain effort in the face of challenges and learn from mistakes.
- ☐ **Conflict Resolution:** Seek peaceful solutions to disagreements during play.
- ☐ **Leadership:** Take initiative, organize, and positively motivate the team (in small groups).

DESTINATION MOVEMENT

Elementary School Rubric for Assessing Progress in Social Skills and Values Through Physical Education and School Sports

CRITERIA	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
Social Skills and Values	Needs Frequent Support: The student needs frequent support and guidance from the teacher to apply social skills and values during physical and sports activities.	Begins to Apply Independently: The student is starting to apply social skills and values more independently during physical and sports activities, though their performance can be inconsistent.	Independent and Consistent Application: The student independently and consistently demonstrates essential social skills and values during physical and sports activities. They fulfill the roles and responsibilities of the sport/game autonomously.	Advanced and Proactive Application with Leadership: The student consistently demonstrates advanced social skills and values, taking on leadership roles. They are proactive in conflict resolution, promote inclusion and teamwork, and serve as a role model for their peers in adhering to rules and responsibilities within sports and physical activity.